

FUTURE OPTOMETRIST

July 2023



HI, FUTURE OPTOMETRISTS!

Welcome to the second edition of the Future Optometrist, created by [Black EyeCare Perspective](#) in partnership with [Transitions](#). It was great to see many of our pre-optometry club members, who are also [Transitions Student Ambassadors](#), at Transitions Academy in May—one of the industry's most well-recognized educational events. During the event, we highlighted long-standing [Multicultural](#) efforts from Transitions, and we officially announced the HBCU Light Intelligent Tour to over 1,100 industry experts from 50 countries around the world! The tour was created in partnership with Transitions to help increase the diversity of practicing optometrists. A video recapping the tour's 2022 visits to North Carolina Central University, Tennessee State University and Florida Agricultural and Mechanical University, is available to watch at the link below. We hope that our representation on campus inspires students to imagine themselves in our field as they see first-hand successful Black optometrists who are striving to change the world.

[View Now!](#)

PRE-OPTOMETRY CLUB NEWS/DATES

Black EyeCare Perspective has the first nationally recognized [pre-optometry club](#) established to ensure not a single, potential, future Black student or optometrist is ignored, discouraged or disadvantaged.

Club Benefits Include:

- Mindfulness skills
- Community of support
- Professional preparation
- Leadership development
- Monthly meetings with industry leaders

Meetings are held on the 13th of every month, 7 p.m. CST / 8 p.m. EST on weekdays or 5 p.m. CST / 6 p.m. EST on weekends. July features a discussion with Dr. Danielle Richardson on eating healthy and wellness.

Interested in becoming a member? Complete a membership profile at the link below.

[Join Today!](#)

WHY OPTOMETRY?

As an undergraduate student, you might be asking, "Why should I pursue a career in optometry?"

Transitions Diversity Advisory Board members are ready to help answer that question, offering their perspectives on being an optometrist.

Hear from [Lina Arango, OD](#), a Latina optometrist and founder of LTAVISION—an organization that promotes a healthy lifestyle and vision. She helps patients see clearly while providing equal access to eyecare and always makes her patients feel valued and welcomed. Dr. Arango is also a board member for Latinas on Optometry.



[Click to Play!](#)

TRENDING WITH TRANSITIONS®

Globally, nine out of 10 people consider themselves light-sensitive*. Are you? Find out by taking the two-minute Transitions Light Sensitivity Test at the link below! You will discover your light sensitivity profile and find the right Transitions® lens for you.

[Take the Test!](#)



STUDENT TESTIMONIAL

We're featuring [Jade Christie](#)! Jade graduated from Florida Agricultural and Mechanical University with a degree in biology pre-medicine.

"Black EyeCare Perspective's Pre-optometry Club (BEPOC) was introduced to me in April 2022 by Dr. Essence Johnson. The club was new to me, and before knowing about it, I never took an interest in optometry," said Jade. "Since being a member of BEPOC, I have come to love optometry and have been introduced to many great opportunities and people. The club introduced us to optometry schools and allowed us to get more information on their admissions process and requirements. It is a 10 out of 10, and I am happy that I decided to join!"



OPTOMETRIST SPOTLIGHT

This month's spotlight features [Tiffany Humes, O.D.](#), an optometrist specializing in community health, based in Detroit, Michigan, and Strategic Business Manager for Black EyeCare Perspective, a position that allows her to act on her passion for diversifying the optometry profession.

Dr. Humes, originally from Plymouth, Michigan, attended Xavier University of Louisiana's undergraduate program before attending optometry school at Salus University.

"Vision is our most cherished sense. As an optometrist, being able to bring vision and increased quality of life to people is priceless," said Dr. Humes. "My advice to my 20-year-old self is to read more and invest financially in your future. Also, remember when the going gets tough, this too shall pass."

You can connect with Dr. Humes by sending her an email at thumes@blackeyecareperspective.com or following her on Instagram at [@detroitsoptometrist](#).

WHAT'S HAPPENING IN THE WORLD OF OPTOMETRY?



FIND OUT ABOUT OptomCAS

Ready to apply to an optometry school or college? Through the Optometry Centralized Application Service (OptomCAS), students can file one application and send it to multiple optometry programs. Even better, all 24 of the schools and colleges of optometry in the United States participate in OptomCAS. The 2023-2024 cycle is now open and will close on May 23, 2024. Please be advised applicants will pay a fee of \$185 to enter the system and apply to one school or college of optometry. An additional \$75 fee will be charged for each additional school or college students wish to apply to.

You can familiarize yourself with the application process by visiting the [OptomCAS website](#) at the link. OptomCAS also provides great tips on how to prepare for the application process on its [website](#).

[Visit the OptomCAS website!](#)